

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_



## TOBACCO UNIT: LESSON 1 **WHAT TOBACCO DOES TO THE BODY**

Learn about . . .

- Why all forms of tobacco are harmful to health
- The substances in tobacco that cause health problems
- How tobacco effects various parts of the body



# HARMFUL SUBSTANCES IN TOBACCO



## THE BIG THREE – SUBSTANCES THAT ARE ESPECIALLY HARMFUL

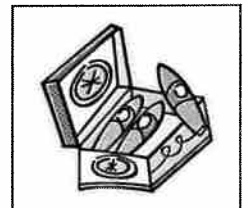
1. NICOTINE - The addictive drug found in tobacco.
2. TAR - Thick dark liquid that forms when tobacco burns.
  - a. What does this liquid do? COATS THE LINING OF THE LUNGS AND CAUSES DISEASES
3. CARBON MONOXIDE - Colorless, odorless poisonous gas that forms when tobacco burns.

## OTHER SUBSTANCES AND THEIR NEGATIVE EFFECTS ON THE BODY

- CYANIDE\_\_\_\_\_
- METHANOL\_\_\_\_\_
- FORMALDEHYDE\_\_\_\_\_



# FORMS OF TOBACCO



TOBACCO can be SMOKED, CHEWED, INHALED

1. CIGARETTES -
  - a. Do filters work? NO!!!!
  - b. Flavored cigarettes may taste and smell sweet BUT . . .
    - Produce more tar, nicotine and carbon monoxide than regular cigarettes

